

SLATE SCHOOL

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TIPS FOR PARENTS

12 QUESTIONS TO ASK YOUR CHILD INSTEAD OF “HOW WAS YOUR DAY?”

JUST ASK AND TALK WITH YOUR CHILDREN Before Sleeping Time.

This is for every Parents, especially children as they adapt to and become flexible with the surrounding situation and mobile addiction. Mobile addiction in students refers to excessive and uncontrollable phone usage that interferes with their daily lives, studies, and social life. Please know that your best is good enough, even when it probably doesn't feel like it. The school is here to support you and your children.

1. What made you smile or laugh today?
2. What made you feel proud?
3. What was the best thing that happened today?
4. Rate your day on a scale of 1-10.
 - a. What made your day that number?
 - b. What could have made it better? (for example, if it was a 5, ask what could have made it a 6 or 7?)
5. If you could change one thing about your day what would it be?
6. What are you looking forward to tomorrow?
7. Teach me something you learned today.
8. What is something that challenged you today?
9. What were some ways you engaged in your studies today?
 - a. Do you find you were more or less engaged than when you were at school?
10. What was social distancing like for you today?
11. Did you get to see a friend online today?
12. Is there anything on your mind that you'd like to talk about?